



AUSTRALIAN  
NURSING  
AGENCY

UPDATE



## COVID-19 (Novel Coronavirus)

Coronavirus is a rapidly changing situation with more than 125,000 cases worldwide.

The information regarding COVID-19 (novel Coronavirus) is frequently changing and Australian Nursing Agency will continue to provide updates via email and our social media sites.

The World Health Organisation has declared the Coronavirus outbreak a **Public Health Emergency of International Concern**. Coronavirus has spread throughout China, reaching most of the countries major cities, **High risk** countries include Mainland China, South Korea, Italy and Iran.

**Moderate risk** countries include Hong Kong, Japan, Cambodia, Indonesia, Thailand and Singapore.

Symptoms can include (but are not limited to) fever, cough, fatigue, sore throat, and/or shortness of breath. In severe cases, Coronavirus has led to death.

Coronavirus is highly contagious and can be passed from an infected person to others the same way colds and other viruses are passed, including through:

- Direct contact with a person whilst they are infectious;
- Contact with droplets when a person with a confirmed infection coughs or sneezes;
- Touching objects or surfaces (such as door knobs or tables) that were contaminated by droplets from secretions coughed or sneezed from a person with a confirmed infection, and then touching your mouth or face.

If you or your close contacts have travelled, including transit in any of the high risk and moderate risk countries you must isolate yourself for 14 days following arrival into Australia. It can take up to 14 days for symptoms to present after a person is infected, it is important for us all to take steps to contain the risks of the virus spreading to our workforce and patients. **You must notify Australian Nursing Agency staff** immediately if you have recently returned from any of these countries.

Do not make an appointment or attend a GP practice or hospital without informing them first, as they will need to make arrangements to protect others before you arrive.

For more information please visit: <https://www.health.gov.au/health-topics/novel-coronavirus-2019-ncov>